

### Staying connected to the Central Coast:

The links to your left will direct you to the main media outlets in the 17th district. Visiting these sites will help you understand and keep track of the many critical issues facing our community today. Then you can go out and work to make a difference! By using these valuable communications sources we can better share our ideas for building a better 17th Congressional district.

All media inquiries and requests to be added to Congressman Farr's press release distribution list may be directed [here](#).

#### Local Media Links

##### Newspapers

##### Radio

##### Television

[Carmel Pine Cone](#)  
[El Sol \(Spanish\)](#)  
[Good Times of Santa Cruz](#)  
[Gonzales Tribune-Greenfield News-King City Rustler-Soledad Bee](#)  
[Hollister Freelance](#)  
[Metro Santa Cruz](#)  
[Monterey County Weekly](#)  
[Monterey Herald](#)  
[Pinnacle of Hollister](#)  
[Register-Pajaronian](#)  
[Salinas Californian](#)  
[Santa Cruz Sentinel](#)

[KAZU - 90.3 FM, Pacific Grove](#)  
[KHDC Radio Bilingue - 90.9 FM, Salinas](#)  
[KRKC - 102.1 FM, King City](#)  
[KSCO - 1080 AM, Santa Cruz](#)  
[KUSP - 88.9 FM, Santa Cruz](#)  
[KWAV - 97 FM, Monterey](#)

[KCBA, Channel 35](#)

[KION, Channel 46](#)

[KSBW, Channel 8](#)